## Matousek's Proof of the Johnson-Lindenstrauss Lemma

The reference for this note is "On Variants of the Johnson-Lindenstrauss Lemma" by J. Matousek.

**Theorem 0.1. (Johnson-Lindenstrauss Lemma.)** Given any n points  $(v_1, \ldots, v_n)$  in  $\mathbf{R}^d$  and any  $\varepsilon \in (0, 1/2)$ , there exists a mapping  $\Phi : \mathbf{R}^d \to \mathbf{R}^k$  where  $k \leq \frac{200 \log n}{\varepsilon^2}$  such that

$$\forall i, j \quad (1 - \varepsilon) ||v_i - v_j||_2 \le ||\Phi(v_i) - \Phi(v_j)||_2 \le (1 + \varepsilon) ||v_i - v_j||_2$$

The mapping is indeed a "random linear transformation", that is,  $\Phi(x) = Ax$  where each entry of A is a suitable random variable. Before going into this, let us review what are called subgaussian random variables, and the proof will then follow in less than half a page.

## 0.1 Subgaussian Random Variables

Let's start by calculating the moment generating function of a gaussian  $Z \sim N(0, \sigma^2)$ .

$$\mathbf{E}[e^{tZ}] = \frac{1}{\sigma\sqrt{2\pi}} \int_{\infty}^{\infty} e^{tz} \cdot e^{-z^2/2} dz$$
$$= e^{\frac{t^2\sigma^2}{2}}$$

Motivated by this, here's the standard definition of subgaussian random variables.

**Definition 1.** A random variable Z is said to be  $\sigma$ -subgaussian, if for all  $t \in \mathbf{R}$ 

$$\mathbf{E}[e^{tZ}] \le e^{\frac{t^2 \sigma^2}{2}} \tag{1}$$

A random variable Z is said to be  $\sigma$ -subgaussian up to  $t_0$  if (1) holds for all  $|t| \leq t_0$ .

Lemma 1. (Subgaussian Random Variables and Concentration.) If Z is  $\sigma$ -subgaussian up to  $t_0$ , then  $\Pr[|Z| > u] \le 2e^{-\frac{u^2}{2\sigma^2}}$  for  $0 < u < \sigma^2 t_0$ .

*Proof.* This is the usual Chernoff step:

$$\Pr[Z > u] = \Pr[e^{tZ} > e^{tu}] \qquad \text{for positive } t$$
$$\leq e^{-tu} \mathbf{E}[e^{tZ}] \qquad \text{as long as } t \leq t_0$$
$$\leq e^{-tu} e^{\frac{t^2 \sigma^2}{2}}$$

Setting  $t := u/\sigma^2 \le t_0$  if  $u < \sigma^2 t_0$ , we get the upper tail, and the lower tail is similar.

**Examples of Subgaussian RVs.** The Gaussian  $Z \sim N(0, \sigma^2)$  is by definition subgaussian. Bounded random variables are subgaussian. More generally, if  $|Z| \leq b$ , then Z is b-subgaussian.

## Moments of Subgaussian RVs.

• Higher Even Moments. Let Z be  $\sigma$ -subgaussian.

$$\mathbf{E}[Z^{2k}] = \mathbf{E}[|Z|^{2k}] = \int_0^\infty (2k)t^{2k-1} \Pr[|Z| \ge t] dt$$
  

$$\le 4k \int_0^\infty t^{2k-1} e^{-t^2/2\sigma^2} dt$$
  

$$= 2k (2\sigma^2)^k \int_0^\infty x^{k-1} e^{-x} dx \quad \text{change of variable: } x = t^2/2\sigma^2$$
  

$$= 2 (2\sigma^2)^k k!$$
(2)

In the first equality we use the following formula: if Z is a non-negative rv, and h is a differentiable function, then

$$\mathbf{E}[h(Z)] = \int_0^\infty h(x)f(x)dx = h(0) + \int_0^\infty h'(x)\Pr[X \ge x]dx$$

One can see by integrating the second term in the RHS by parts.

**Lemma 2.** (Linear combination of subgaussian random variables.) Let  $X_1, \ldots, X_k$  be a collection of independent random variables, such that each  $X_i$  is  $\sigma_i$ -subgaussian up to  $t_0$ . Let  $Y = \sum_{i=1}^n w_i X_i$ . Then Y is a  $\bar{\sigma}$ -subgaussian random variable up to  $t_0/w_{max}$ , where  $w_{max} = \max_i w_i$  and  $\bar{\sigma} := \sqrt{\sum_{i=1}^k w_i^2 \sigma_i^2}$ . *Proof.* 

$$\mathbf{E}[e^{tY}] = \prod_{i=1}^{n} \mathbf{E}[e^{tw_i X_i}] \le \prod_{i=1}^{n} e^{\frac{\sigma_i^2 t^2 w_i^2}{2}} = e^{\frac{t^2 \sum_{i=1}^{k} w_i^2 \sigma_i^2}{2}}$$

as long as  $tw_i \leq t_0$ , that is,  $t \leq t_0/w_i$  for all *i*.

**Corollary 0.2.** (Average of Subgaussian RVs.) Let  $X_1, \ldots, X_k$  be mutually independent,  $\sigma$ -subgaussian random variable up to  $t_0$ . Then  $X := \frac{1}{k} \sum_{i=1}^{k} X_i$  is a  $\frac{\sigma}{\sqrt{k}}$ -subgaussian random variable up to  $kt_0$ .

**Lemma 3.** (Square of a subgaussian random variable.) Let X be a  $\sigma$ -subgaussian random variable. Then the centred random variable  $Z := X^2 - \mathbf{E}[X^2]$  is a  $\sqrt{32}\sigma^2$ -subgaussian random variable up to  $\frac{1}{4\sigma^2}$ .

*Proof.* This uses the higher even moments of X which we computed earlier.

$$\begin{split} \mathbf{E}[e^{tX^2}] &= \sum_{k=0}^{\infty} \frac{t^k \mathbf{E}[X^{2k}]}{k!} \\ &= 1 + t \mathbf{E}[X^2] + \sum_{k \ge 2} \frac{t^k \mathbf{E}[X^{2k}]}{k!} \\ &\leq 1 + t \mathbf{E}[X^2] + 2 \sum_{k \ge 2} \frac{t^k}{k!} \cdot (2\sigma^2)^k k! \quad \text{see higher moments previously bounded} \\ &= 1 + t \mathbf{E}[X^2] + 2 \sum_{k \ge 2} (2t\sigma^2)^k = 1 + t \mathbf{E}[X^2] + 8t^2\sigma^4 \sum_{k \ge 0} (2t\sigma^2)^k \\ &\leq 1 + t \mathbf{E}[X^2] + 16t^2\sigma^4 \quad \text{if } t < t_0 = \frac{1}{4\sigma^2} \\ &< e^{-t \mathbf{E}[X^2] + 16t^2\sigma^4} \end{split}$$

Thus,

$$\mathbf{E}[e^{tZ}] = e^{-t\mathbf{E}[X^2]}\mathbf{E}[e^{tX^2}] \le e^{-\frac{32t^2\sigma^4}{2}} \quad \forall |t| \le \frac{1}{4\sigma^2}$$

implying Z is  $\sqrt{32}\sigma^2$  -subgaussian up tp  $\frac{1}{4\sigma^2}.$ 

## 0.2 Proof of Johnson Lindenstrauss.

Now we have all the tools. Let R be a  $k \times n$  random matrix where each entry  $R_{ij}$  is a  $\sigma$ -subgaussian random variable with variance  $= 1 \le \sigma^2$ . In particular, we can choose  $R_{ij} \sim N(0, 1)$  which would give  $\sigma = 1$ . Let  $A := \frac{1}{\sqrt{k}} \cdot R$  be the scaled version of it, and define  $\Phi(x) = Ax$ . We show the following

$$\forall x, ||x|| = 1$$
, we have with probability  $\geq 1 - 1/n^3$ ,  $(1 - \varepsilon)||x||_2 \leq ||Ax||_2 \leq (1 + \varepsilon)||x||_2$  (\*)

By union bound, we ge that with probability > 1 - 1/n, the above holds for  $x = (v_i - v_j)/||v_i - v_j||$  for all pairs, which implies the JLT.

Fix an unit vector x. For i = 1, ..., k, let  $Y_i = \sum_{j=1}^n R_{ij}x_j$ . Observe that  $\mathbf{E}[Y_i^2] = \sum_{i=1}^n x_i^2 \mathbf{E}[R_{ij}^2] = 1$ where we used that the variance of each  $R_{ij}$  is exactly 1 and  $||x||_2 = 1$ . Note that  $(Ax)_i := \frac{1}{\sqrt{k}}Y_i$ , and so  $||Ax||_2^2 = \frac{1}{k}\sum_{i=1}^k Y_i^2$ .

We need to show that the following event occurs wp  $\geq 1 - 2/n^3$ .

$$\mathcal{E} := \{ (1 - 2\varepsilon) \le \frac{1}{k} \sum_{i=1}^{k} Y_i^2 \le (1 + 2\varepsilon) \} \text{ or equivalently } \{ \left| \frac{1}{k} \sum_{i=1}^{k} (Y_i^2 - 1) \right| \le 2\varepsilon \}$$

By Lemma 2, each  $Y_i$  is also a  $\sigma$ -subgaussian random variable because  $||x||_2 = 1$ . So, by Lemma 3, each  $Z_i = Y_i^2 - \mathbf{E}[Y_i^2] = Y_i^2 - 1$  is a  $\sqrt{32}\sigma^2$ -subgaussian rv till  $t_0 = \frac{1}{4\sigma^2}$ . Therefore, by Corollary 0.2,

$$Z := \frac{1}{k} \sum_{i=1}^{k} Z_i$$
 is a  $\sqrt{32}\sigma^2 / \sqrt{k}$ -subgaussian random variable up to  $\frac{k}{4\sigma^2}$ .

and therefore, by Lemma 1, we get

$$\Pr[|Z| > \varepsilon] \le 2e^{-\frac{k\varepsilon^2}{64\sigma^4}} \quad \forall \varepsilon \le \frac{32\sigma^4}{k} \cdot \frac{k}{4\sigma^2} = 8\sigma^2$$

Therefore, if  $k \geq \frac{200\sigma^2 \cdot \log n}{\varepsilon^2}$ , we get that  $\Pr[|Z| > \varepsilon] < 2/n^3$ , proving (\*).